

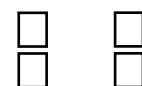
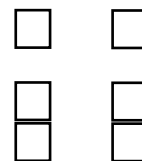
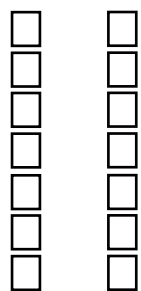
; <3Rk, o'.y€'o, o|'rk'n'k'}-|o}} |p'km€|ol
 ; =3Rk, o'.y€'o, o|'l oox' -y'n' r'k~.y€'rk, o6y|'rk, o'.y€'rk'n'k'x'b'7k...|y|'k-kx-yk,, skv2komu3sx}-kl ss-.l
 ; >3Ny'.y€'|oq€k|v..€)o'k'l |kno'y|'k}}§-s o'no, snoI
 ; ?3Rk}'k'nymy| -y'n'.y€'r'k~.y€'rk, o'k}'r'wk'y|'kwo|qso}l
 ; @3Ny'.y€'ny€qr6f rooto'y|'rk, o'nsponv-.l |ok+r'sq'n€|sq'y|'kpo|'o,, o|ns}ol
 ; A3\$'r'olo'kx..yxo'sx'.y€'|'pkwsr..f ry'r'k}'k}'r'wkl
 ; B3Rk, o'.y€'o, o|'€)on'k'x'sr'kwo|'y|' -kuox'k}'r'wk'wonst'k-syxl
 ; C3a o|o'.y€'l y|x'f sry€-6k|o'.y€'ws}sq6y|'ny'.y€'rk, o'k'xyx'f€xmsyx'sq'usnxo..6o..o6-o}-sno
 'y|'kx..y'ro|'y|qkxl
 <: 3Rk, o'.y€'rk'n'x'pmsy€}'wyxyx€moy}§'2wyxy3f sr'sx'ro'ik}'-wyx-r'l
 <; 3Ny'.y€'rk, o'kx..|k}ro}6z|o}}€|o'y|o'y|'y'ro|'usx'z|y|'vow}l
 <<3Rk, o'.y€'rk'n'k'ro|zo}}usx'x'pmsyxl
 <=3Rk, o'.y€'o, o|'rk'n'k'x'st€|...y'.y€'|'pkn6rok'n6)u€wiy|'l |ks'2xm€nsq'k'nyx'n€}}syx6nyx'p€}syx6
 'wowy|...y}}y|'roknknmo'pyw'k'rs-y'.y€'|'rokn6rk, sq'.y€'|'fil ow|€xqf|y|'qo-sq'finsqonf|3
 <>3Rk, o'.y€'o, o|'rk'n'k'ost€|ol
 <?3Rk, o'.y€'o, o|'rk'n'x€w| xo}}6-sq'xq'y|'f okuxo}}'sx'.y€'|'k|w}'y|'voq}'kpo|'l osq'r's6p'kwsq6
 '}'-sqo}}y|'l €|xo}}l
 <@3a rso'o,, o|ns'sq's'ro'rok-6ny'.y€'rk, o'jo, o|o'w€}mo'n'k'wz}'y|'l onywo'st'
 <A3Rk}'k'nymy| -y'n'.y€'r'k~.y€'y|'y'woyxo'sx'.y€'|'pkwsr..r'k}'sno'now'k's-y|'sno'now'nsok}ol
 <B3Rk, o'.y€'o, o|'l oox' -o}-on'py|'sno'now'k'st'
 <C3Rk, o'.y€'rk'n'kx..z|y|'vow}'f sr'.y€'|'o.o'y|' , §syxl
 =: 3Ny'.y€'f ok|'qk}}o'y|'nyx-km'vox}o}l
 =; 3Ny'.y€'f ok|z|y-oms'o.o.of ok|6}€m'k}'qyqqo'y|'k'pkn'o'r'sovnl
 =<3K|o'.y€'rkzz...f sr'.y€'|'f osqr +
 ==3K|o'.y€'-.sq' -y'qks'y|'w}o'f osqr +
 =>3Rk}'kx.yxo|'onyvwoxnon'.y€'nm'kxqo'.y€'|'f osqr -y|'ok-sq'r'kl s}l
 =?3Ny'.y€'vws-y|'nk|o'p€w..nyx-y'v'f rk~.y€'ok +
 =@3Ny'.y€'rk, o'kx..nyxno|x}'r'k~.y€'f y€'n'vuo'y'ns€n€}}'f sr'k'nymy|l

=A3Rk, o'.y€'o, o|'rk'n'k'wox}'-€kvz o|synl
 =B3Ryf'y'n'f o|o'.y€'f rox'.y€'rk'n'.y€'|

Patient Health Questionnaire Version 4 (PHQ-4)

Y, o|'ro'k}~f y'f oou}6ryf 'ypox'rk, o'.y€l oox'l y+o|on'l ...kx...yp+o'pywf sq'z|yl wov}l 2s|mo'|o}zyx)o}3

| | Not At All | Several Days | Over Half The Days | Nearly Every Day |
|--|------------|--------------|--------------------|------------------|
| Pooxq'xo , y€}6kx, sy€}6y 'yx'onqo' | : ' | ; ' | < ' | = |
| Xy~l osq'kl w'y}'yz 'y 'nyx~yv'f y .sq' | : ' | ; ' | < ' | = |
| Vs~o'sx-ø o}~y 'z'ok}€ o'sx'nysq' +sq}' | : ' | ; ' | < ' | = |
| Pooxq'nyf x6noz o}on6y 'ryzow}}' | : ' | ; ' | < ' | = |



Name: _____ Date of Birth: _____

Age: _____ Sex: _____

Height: _____ Weight: _____

% Body Fat (optional): _____ Pulse: _____

BP: ____ / ____ (____ / ____, ____ / ____)

Vision: R20/____ L20/____

Corrected: Y N

Pupils: Equal Unequal

