

**Self-Awareness** 

Foster awareness that emotions have internal and external cues

Social Awareness (cont.)

(RMH-ERADGE PANAMID

Promote recognition of own and others' emotions

**Relationship Skills** 

Practice thinking in non-stereotyped ways

Identify reasons for emotions based on situational cues

Learn the value of getting to know all peers

\*HQHUDWH UHDVRQV IRU GL•HUHQW HPRWLRQV

Learn the importance of being caring toward others

Increase understanding of causes of emotions

Practice giving compliments and doing something kind for a peer

/HDUQ WR LGHQWLI\ DQG GHPRQVWUDWH WKH SK\VLFDO VLJQV RI GL•HUHQW HPRWLRQV

Develop an awareness of qualities in a friend

Learn the importance of making sure everyone feels welcomed and included

Describe how it feels to be included and excluded

(QFRXUDJH VHOI FRQ4GHQFH LQ VKDULQJ IHHOLQJV DQG LGHDV

Brainstorm ways to help everyone feel included

Foster a feeling of being valued and accepted as a group member Increase understanding of emotional consequences of situations

Learn the value of creating friendships with diverse peers

Describe and demonstrate how basic emotions feel

-GHQWLI\ VSHFL4F ZD\V WR SURYLGH VXSSRUW IRU HDFK RW

Identify basic emotions based on physical and verbal cues

3UDFWLFH PDNLQJ DPHQGV DQG JHQHUDWH ZD\V WR GR VR I Learn the importance of taking responsibility and showing concern and care when

Foster self-regulation

there is damage to a friendship

Promote attentive listening skills

Learn about6dC2\_0 1 Tf 0.01 Tw -15.333 -1.844 Td <0003>Tj 15.333 0 Td <039600efeelsn the value of

Understand the potential for growth, learning, and change in themselves and others

3UDFWLFH WXUQLQJ HQWLW\ 4[HG WKRXJKWV LQWR LQFUHPHQWDO FKDQJH WKRXJKWV

**Social Awareness** 

**Self-Management** 

#### ) REMEMBERS EIGHT MANURO

Promote an awareness of situational cues in understanding emotions

Promote understanding to others' perspectives and feelings

Promote empathetic responses to others' emotions and discover ways to show

HPSDWK\ DQG FDULQJ SHHUV LQ GL•HUHQW VLWXDWLRQV

Describe ways to show empathy and caring to someone in a given situation

Foster increased understanding of variability within social groups

\$SSUHFLDWH DQG YDOXH GL•HUHQFHV LQ SHHUV

7DON WR DQG SOD\ ZLWK GL•HUHQW SHHUV LQ RUGHU WR 4QG WKLQJV LQ FRPPRQ ZLWK RQH DQRWKHU

/HDUQ WKDW HYHU\RQH FDQ EH GL•HUHQW LQ VRPH ZD\V DQG WKDW PDNHV HYHU\ SHUVRQ

unique and interesting

)RVWHU LQFUHDVHG XQGHUVWDQGLQJ RI VLPLODULWLHV DFURVV GL•HUHQW VRFLDO JURXSV



CASEL

# Kindergarten

We Are Friends

We Help One Another

COMMON CORE STATE
CASEL STANDARDS KINDERGARTEN

HARMONY OBJECTIVES KINDERGARTEN

### Relationship Skills

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social and gr, resist inappropriate social and gr, resist inappropriate social

## First Grade

### We Are Respectful



We Are Caring

### **COMMON CORE STATE STANDARDS**

information presented orally or through other

speaker says in order to gather additional

information or clarify something not

**CASEL** 

### FIRST GRADE

understood.

### HARMONY OBJECTIVES FIRST GRADE

#### **Self-Awareness**

The ability to accurately recognize one's own emotions, WKRXJKWV DQG YDOXHV DQG KRZ WKH\ LQ®%dAQFH EHKDYLRU The ability to accurately assess one's strengths and

OLPLWDWLRQV ZLWK D ZHOO JURXQGH-d-3VH-kkand apswer Ruestien habent what a optimism, and a "growth mindset."

- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- 6HOI FRQ4GHQFH
- 6HOI H]FDF\

SL.1.2 & R Q 4 U P X Q G H U V W D Q G L Q J R I W H [ W U H D G D O R X G R D.1 Foster awareness that emotions have internal and external cues. Foster awareness that emotions can vary in intensity. Promote recognition of own and others' emotions.

- 2.7 Foster incremental thinking. Promote motivation and persistence.
- )RVWHU VHOI FRQ4GHQFH LQ FRPPXQLFDWLQJ QHHGV GHVLUHV DQG LGHD

### Self-Management

The ability to successfully regulate one's emotions, WKRXJKWV DQG EHKDYLRUV LQ GL•HUHQW\_VLWXDWLRQV H•HFWLYHO\ PDQDJLQJ VWUHVV FRQ W 1760 Produce complete sentences when appropriate to task and situation. motivating oneself. The ability to set and work toward personal and academic goals.

- Impulse control
- Stress management

Organizational skills

- Self-discipline
- Self-motivation
- Goal-setting

SL.1.1.c Ask questions to clear up any confusion about the topics and texts under discussion.

- 1.2 Promote an awareness of commonalities with others. Encourage comfort in sharing about oneself.
- Foster incremental thinking. Promote motivation and persistence.
- Promote conversational skills.
- Promote an awareness of the need to take responsibility for one's actions. Foster motivation and skills for making sincere and reparative amends. Promote a forgiving attitude toward others.

#### **Social Awareness**

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- Perspective taking
- Empathy
- Appreciating diversity
- Respect for others

- SL.1.1 Participate in collaborative conversations with GLYHUVH SDUWQHUV DERXW 4UVW JUDGH WRSLFV DQG texts with peers and adults in small and large groups.
- SL.1.1a Follow agreed-upon rules for discussions (listening to others with care, speaking one at a time about the topics and texts under GLVFXVVLRQ
- SL.1.1b Build on others' ta19]t20.183 -satibyions
  - SL.1.1a Participatemino Redartatatatio encoderation and in the Control of the Con

# First Grade

l Am Responsible



I Am Motivated

COMMON CORE STATE STANDARDS

FIRST GRADE

HARMONY OBJECTIVES FIRST GRADE

### Social Awareness

CASEL

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

# First Grade

I Am Kind



I Have BIG IDEAS

### COMMON CORE STATE STANDARDS

FIRST GRADE

### **CASEL**

### Responsible Decision Making

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- 5H5HFWLQJ
- Ethical responsibility

### HARMONY OBJECTIVES FIRST GRADE

- 2.2 Increase understanding of emotional consequences of situations. Promote an awareness of situational cues in understanding emotions.
- 4.1 )RVWHU VHOI FRQ4GHQFH LQ VKDULQJ IHHOLQJV DQG LGHDV )RVWHU DZDU

### **Second Grade**







### COMMON CORE STATE STANDARDS **SECOND GRADE**

SL.2.2 Recount or describe key ideas or details from a

gather additional information, or deepen understanding of a topic or issue.

text read aloud or information presented orally

speaker says in order to clarify comprehension,

### **Self-Awareness**

CASFL

The ability to accurately recognize one's own emotions, WKRXJKWV DQG YDOXHV DQG KRZ WKH\ LQ的冷烟点中中中电影 DYLRU The ability to accurately assess one's strengths and OLPLWDWLRQV ZLWK D ZHOO JURXQGH-G-3VH-&-Nord appropriate the property of the control of the cont optimism, and a "growth mindset."

- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- 6HOI FRQ4GHQFH
- 6HOI HIFDF\

### HARMONY OBJECTIVES SECOND GRADE

- 2.1 Foster awareness that emotions have internal and external cues. Foster awareness that emotions can vary in intensity. Promote recognition of own and others' emotions.
- 2.7 Foster incremental thinking. Promote motivation and persistence.
- )RVWHU VHOI FRQ4GHQFH LQ FRPPXQLFDWLQJ QHHGV GHVLUHV DQG LGHD

### **Self-Management**

The ability to successfully regulate one's emotions, WKRXJKWV DQG EHKDYLRUV LQ GL. HUHQW O BELLAR BOOK DWLRQV H•HFWLYHO\ PDQDJLQJ VWUHVV FRQWUROOLQJ LPSXOVHV DQG motivating oneself. The ability to set and work toward SL.2.6 Produce complete sentences when appropriate motivating oneself. The ability to set and work toward personal and academic goals.

- Impulse control
- Stress management

Organizational skills

- Self-discipline
- Self-motivation
- Goal-setting

needed about the topics and texts under

to task and situation in order to provide UHTXHVWHG GHWDLO RU FODUL4FDWLRQ

SL.2.1c \$VN IRU FODUL4FDWLRQ DQG IXUWKHU H[SODQDWLRQ DDdmote an awareness of commonalities with others. Encourage comfort in sharing about oneself.

- Foster incremental thinking- belief in the potential and change in preferences, characteristics, abilities, and behaviors across time. Promote motivation and persistence.
- Promote conversational skills.
- Promote an awareness of taking responsibility for one's actions. Foster motivation and skills for making sincere and reparative amends. Promote a forgiving attitude toward others.

### **Social Awareness**

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- Perspective taking
- Empathy
- Appreciating diversity
- Respect for others

- SL.2.1 Participate in collaborative conversations with diverse partners about second grade topics and texts with peers and adults in small and large groups.
- SL.2.1a Follow agreed-upon rules for discussions (e.g. JDLQLQJ WKH 5RRU LQ UHVSHFWIXO ZD\V OLVWHQLQJ OMM FRS. Foster a sense of being valued as an individual. others with care, speaking one at a time about WKH WRSLFV DQG WH[WV XQGHU GLVFXVVLRQ
- SL.2.1b Build on others' talk in conversations by linking their comments to the remarks of others.

- 1.1 Emphasize the value of peer relationships. Promote the importance of getting to know one another. Motivate children to engage with all of their peers.
- Promote an awareness of commonalities with others. Foster openness toward learning about others.
- 1.3 Encourage an appreciation of diversity. Foster openness toward learning from others. Promote respect for
- 1.4 Promote a sense of connection and community within the classroom. Foster a feeling of being valued and accepted as a member of the group. Encourage social responsibility toward the classroom community and its members.
- Promote understanding of the relations among thoughts, feelings, and behaviors.
- Promote understanding of others' perspectives and feelings. Promote empathetic responding to others' emotions.
- Foster increased understanding of variability within social groups. Foster increased understanding RI VLPLODULWLHV DFURVV GL•HUHQW VRFLDO JURXSV 3URPRWH 5HILEOH V

# Second Grade

I Am Attentive



l Am Valued

COMMON CORE STATE STANDARDS SECOND GRADE

HARMONY OBJECTIVES SECOND GRADE

### **Relationship Skills**

**CASEL** 

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social SUHVVXUH QHJRWLDWH FRQ5LFW FRQVWUXFWLYHO\ DQG VHHN WR R•HU KHOS ZKHQ QHHGHG

## Third Grade

We Accept Everyone



We Are A Team

### **COMMON CORE STATE STANDARDS**

THIRD GRADE

### HARMONY OBJECTIVES THIRD GRADE

Self-Awareness The ability to accurately recognize one's own emotions,

**CASEL** 

TWE BIN Y LO BUY LO BY P € p € pbÿ ¬ "Ô€ WKH\ KRZ

OLPLWDWLRQV ZLWK D ZHOO JURXQGHG VHQVH RI FRQ4GHQFH optimism, and a "growth mindset."

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## Third Grade

We Are



### We Are Thoughtful

### **COMMON CORE STATE STANDARDS**

THIRD GRADE

### HARMONY OBJECTIVES THIRD GRADE

### **Relationship Skills**

**CASEL** 

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social SUHVVXUH QHJRWLDWH FRQ5LFW FRQVWUX PONTY DQG VHHN WR R.HU KHOS ZKHQ QHHGHG

- Communication
- Social engagement
- Relationship building
- Teamwork

SL.3.1	(QJDJH H•H	FWLYHO\	LQDL	JDQJH	RIFR	OODERUD	V		
	discussions (one-on	i-one,							
	LQ JURXSV	DQG WH	DFKHU	OHG	ZLWK	GLYHUVH			
partners on grade 3 topics and texts, building									
on others' ideas and expressing their own									
0 1/ 1// 1.1	Acheanda A H O / D		W/D						

SL.3.1b Follow agreed-upon rules for discussions (e.g.

- JDLQLQJ WKH 5RRU LQ UHVSHFWIXO ZD\V OLVWHQLQJ WRFUHDVH VWXGHQWV DZDUHQHVV RI H•HFWLYH FRPPXQLFDWLRQ ERRVWH others with care, speaking one at a time about WKH WRSLFV DQG WH[WV XQGHU GLVFXVVLRQ
- SL.3.3 Ask and answer questions about information IURP D VSHDNHU R.HULQJ DSSURSULDWH elaboration and detail
- SL.4.3 Identify the reasons and evidence a speaker provides to support particular points.

N L YH Emphasize the value of peer relationships. Promote the importance of getting to know one another. Motivate children to engage with all of their peers.

- 1.4 Promote a common classroom identity among students. Decrease the saliency of gender in the classroom. 3URPRWH WKH FODVVURRP QRUP WKDW VWXGHQWV ZKR KDYH GL•HUHQFHV
- 3.1 Increase students' awareness of communication bloopers and boosters.
- 5.1 Help students identify personal characteristics that aid in friendship formation and maintenance. Promote the YLHZ WKDW IULHQGV FDQ KDYH ERWK VLPLODULWLHV DQG GL•HUHQFHV
- 5.2 Increase students' awareness of the qualities they look for in friends. Increase students' awareness of the kind of friend they want to be to others. Have students commit to how they will treat their friends.

#### **Responsible Decision Making**

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- 5H5HFWLQJ
- Ethical responsibility

SL.3.1b Follow agreed-upon rules for discussions (e.g. JDLQLQJ WKH 5RRU LQ UHVSHFWIXO ZD\V OLVWHQLQJ WR others with care, speaking one at a time about WKH WRSLFV DQG WH[WV XQGHU GLVFXVVLRQ

- 4.1 -QFUHDVH VWXGHQWV XQGHUVWDQGLQJ RI FRQ5LFW -QWURGXFH VWXGHQ
  - -QWURGXFH VWXGHQWV WR WKH 4UVW VWHS RI D SUREOHP VROYLQJ DSSU PRQLWRULQJ WKHLU RZQ IHHOLQJV LQ FRQ5LFW VLWXDWLRQV 3URYLGH VV and relax.
- 4.3 Introduce students to the second step of problem-solving approach. Teach students to recognize how words WKH\ XVH D•HFW RWKHUV 3URYLGH VWXGHQWV ZLWK D IUDPHZRUN WR H•H SHUVSHFWLYH GXULQJ FRQ5LFW VLWXDWLRQV
- 4.4 -QWURGXFH VWXGHQWV WR WKH 4QDO VWDJH LQ SUREOHP VROYLQJ 3URY the Step It Up approach.
- 5.3 Help students identify when and how to provide classmates with support. Increase frequency with which students provide classmates with peer support. Promote a classroom environment where all students feel supported by their peers.

I Am Accepted



### l Am Strong

CASEL HARMONY OBJECTIVES FOURTH GRADE

HARMONY OBJECTIVES FOURTH GRADE

## Fourth Grade

### We Are Organized



### We Ask Questions

### **COMMON CORE STATE STANDARDS**

**CASEL FOURTH GRADE** 

### HARMONY OBJECTIVES FOURTH GRADE

### Relationship Skills

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social SUHVVXUH QHJRWLDWH FRQ5LFW FRQVWUXFWLYHO\ DQG VHHN WR
SL.4.1b Follow agreed-upon rules for discussions R.HU KHOS ZKHQ QHHGHG

- Communication
- Social engagement
- Relationship building
- Teamwork

discussions (one-on-one, in groups, and WHDFKHU OHG ZLWK GLYHUVH SDUWQHUV RQ JUDGH 3 topics and texts, building on others' ideas and expressing their own clearly.

- carry out assigned roles.
- SL.4.3 Identify the reasons and evidence a speaker provides to support particular points.
- Acquire and use accurately grade-appropriate conversational, general academic, and domain VSHFL4F ZRUGV DQG SKUDVHV LQFOXGLQJ WKRVH that signal precise actions, emotions, or states of being.

SL.4.1 (QJDJH H•HFWLYHO\ LQ D UDQJH RI FROODERUDWL1Y1H Emphasize the value of peer relationships. Promote the importance of getting to know one another. Motivate children to engage with all of their peers.

> Promote a common classroom identity among students. Decrease the saliency of gender in the classroom. 3URPRWH WKH FODVVURRP QRUP WKDW VWXGHQWV ZKR KDYH GL•HUHQFHV

- Increase students' awareness of communication bloopers and boosters.
- -QFUHDVH VWXGHQWV DZDUHQHVV RI H•HFWLYH FRPPXQLFDWLRQ ERRVWH
- Help students identify personal characteristics that aid in friendship formation and maintenance. Promote the YLHZ WKDW IULHQGV FDQ KDYH ERWK VLPLODULWLHV DQG GL•HUHQFHV
  - +HOS VWXGHQWV EHFRPH DZDUH RI WKH GL•HUHQFH EHWZHHQ IULHQGVKLS how cliques exclude and are hurtful to others. Motivate students to be socially inclusive. Encourage students to commit to engaging in socially inclusive behaviors.

### Responsible Decision Making

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- 5H5HFWLQJ
- Ethical responsibility

-QFUHDVH VWXGHQWV XQGHUVWDQGLQJ RI FRQ5LFW -QWURGXFH VWXGHQ VWXGHQWV DZDUHQHVV RI LQWHUSHUVRQDO FRVWV DQG EHQH4WV DVVRFL

- -QWURGXFH VWXGHQWV WR WKH 4UVW VWHS RI D SUREOHP VROYLQJ DSSU PRQLWRULQJ WKHLU RZQ IHHOLQJV LQ FRQ5LFW VLWXDWLRQV 3URYLGH VV and relax.
- 4.3 Introduce students to the second step of problem-solving approach. Teach students to recognize how words WKH\ XVH D•HFW RWKHUV 3URYLGH VWXGHQWV ZLWK D IUDPHZRUN WR H•H SHUVSHFWLYH GXULQJ FRQ5LFW VLWXDWLRQV
- 4.4 -QWURGXFH VWXGHQWV WR WKH 4QDO VWDJH LQ SUREOHP VROYLQJ 3URY the Step It Up approach.
- 5.3 Help students identify when and how to provide classmates with support. Increase frequency with which students provide classmates with peer support. Promote a classroom environment where all students feel supported by their peers.

# Fifth Grade

# **Supportive**



# Considerate

### **COMMON CORE STATE STANDARDS**

conclusions in light of information and

SL.5.1d Review key ideas expressed and draw

by reasons and evidence.

	CASEL	FIFTH GRADE
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### **Self-Awareness**

The ability to accurately recognize one's own emotions, WKRXJKWV DQG YDOXHV DQG KRZ WKH\ LQ\snowledge gaited kanydistrissions. The ability to accurately assess one's strengths and OLPLWDWLRQV ZLWK D ZHOO JURXQGH-6.3V Summarize the points a speaker makes and explain how each claim is supported optimism, and a "growth mindset."

Identifying emotions

- 6HOI H]FDF\
- Accurate self-perception
- 6HOI FRQ4GHQFH
- Recognizing strengths

### **Self-Management**

The ability to successfully regulate one's emotions, WKRXJKWV DQG EHKDYLRUV LQ GL. HUHQW Preparation by Information known about H. H. F. W. L. Y. H. O. \ P. D. Q. D. J. L. Q. J. V. W. U. H. V. V. F. R. Q. W. U. R. O. (如 to possibly exployed) of the top picture of the top p motivating oneself. The ability to set and work toward personal and academic goals.

- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal-setting
- Organizational skills

L.5.1a Come to discussions prepared, having read or studied required material; explicitly draw on that

- SL.5.1c 3RVH DQG UHVSRQG WR VSHFL4F TXHVWLRQV E\ PDNLQJ comments that contribute to the discussion and
- SL.5.2 Summarize a written text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.

elaborate on the remarks of others.

SL.5.6 Adapt speech to a variety of contexts and tasks, using formal English when appropriate to task and situation.

### HARMONY OBJECTIVES FIFTH GRADE

- 2.1 Provide students with a cognitive framework for identifying their thinking patterns. Help students recognize the connection among their thoughts, feelings, and actions.
- -QFUHDVH VWXGHQWV DZDUHQHVV RI KRZ WKH PHGLD LQ5XHQFHV WKHLU

- Increase students' awareness of communication bloopers. Provide students with practice in identifying communication bloopers.
- -QFUHDVH VWXGHQWV DZDUHQHVV RI H•HFWLYH FRPPXQLFDWLRQ ERRVWH communication boosters.
  - Increase students' awareness of the positive and negative thoughts, feelings, and behaviors associated with communication bloopers versus communication boosters.

### **Social Awareness**

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family communication bloopers.

-QFUHDVH VWXGHàLWK

# Fifth Grade

# Supportive



# **Assertive**

### **COMMON CORE STATE STANDARDS**

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Re	lati	ions	hıb	SKI	IIS

The ability to establish and maintain healthy

and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social SUHVVXUH QHJRWLDWH FRQVWUXFWLYHO\
SL.5.1b Follow agreed-upon rules for discussions and R.HU KHOS ZKHQ QHHGHG

- Communication
- Social engagement
- Relationship building
- Teamwork

SL.5.1 (QJDJH H•HFWLYHO\ LQ D UDQJH RI FROODERUDWLM:1 Provide students the opportunity to get to know one another. Foster an atmosphere of inclusion. Promote the view discussions (one-on-one, in groups, and WHDFKHU OHG ZLWK GLYHUVH SDUWQHUV RQ JUDGH topics and texts, building on others' ideas and expressing their own clearly.

carry out assigned roles.

- SL.5.3 Summarize the points a speaker makes and explain how each claim is supported by reasons and evidence.
  - Acquire and use accurately grade-appropriate JHQHUDO DFDGHPLF DQG GRPDLQ VSHFL4F ZRUGV and phrases, including those that signal contrast, addition, and other logical relationships.

WKDW ERWK VLPLODULWLHV DQG GL•HUHQFHV DUH YDOXHG

Promote a common classroom identity among students. Decrease the saliency of gender in the classroom. 3URPRWH WKH FODVVURRP QRUP WKDW VWXGHQWV ZKR KDYH GL•HUHQFHV

- -QFUHDVH VWXGHQWV DZDUHQHVV RI KRZ WKH PHGLD LQ5XHQFHV WKHLU opportunities to critically evaluate gender and relationship messages present in the media.
- 3.1 Increase students' awareness of communication bloopers. Provide students with practice in identifying communication bloopers.
- -QFUHDVH VWXGHQWV DZDUHQHVV RI H•HFWLYH FRPPXQLFDWLRQ ERRVWH communication boosters
- Help students identify personal characteristics that aid in friendship formation and maintenance. Promote the view WKDW IULHQGV FDQ KDYH ERWK VLPLODULWLHV DQG GL•HUHQFHV
- 5.2 Help students identify when and how to provide peers with support. Increase the frequency of students providing peers with support. Promote a classroom environment where all students feel supported by their peers.

### **Responsible Decision Making**

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- 5H5HFWLQJ
- Ethical responsibility

-QFUHDVH VWXGHQWV XQGHUVWDQGLQJ RI FRQ5LFW -QWURGXFH VWXGHQ

- -QFUHDVH VWXGHQWV XQGHUVWDQGLQJ RI YDULRXV FRQ5LFW UHVROXWLF RWKHUV FRQ5LFW UHVROXWLRQ VW\OHV
- 4.3 -QWURGXFH VWXGHQWV WR D VWHS E\ VWHS DSSURDFK IRU H•HFWLYHO\ U to practice the Step it Up approach.
- 4.4 3URYLGH VWXGHQWV ZLWK WKH RSSRUWXQLW\ WR SUDFWLFH UHVROYLQJ S
- 5.3 Normalize friendships with same- and other-sex peers. Helps students think of obstacles to initiating and maintaining interactions and friendships with diverse peers. Provide the class with opportunities to identify strategies for reducing obstacles to same- and other-sex interactions and friendships.
- 7HDFK VWXGHQWV DERXW WKH UROHV RI WKH EXOO\ WDUJHW DQG E\VWD DQG LQH•HFWLYH DSSURDFKHV IRU UHVLVWLQJ YLFWLPL]DWLRQ DQG SURYI Promote a classroom environment where students provide support for peers who are bullied.

## Sixth Grade

# **Forgiving**

### **COMMON CORE STATE STANDARDS**

**CASEL** SIXTH GRADE HARMONY OBJECTIVES SIXTH GRADE

### **Self-Awareness**

SL.6.1d Review key ideas expressed and demonstrate understanding of multiple perspectives through The ability to accurately recognize one's own emotions, WKRXJKWV DQG YDOXHV DQG KRZ WKH\ LQ\$YHF@FFWERQ DQQQ & BDUDSKUDVLQJ

The ability to accurately assess one's strengths and

OLPLWDWLRQV ZLWK D ZHOO JURXQGHG.3VHCVHQHQWB4GHQHDNHU V DUJXPHQW DQG VSHFL4F optimism, and a "growth mindset." optimism, and a "growth mindset." by reasons and evidence from claims that are not

Identifying emotions

• 6HOI H]FDF\

Accurate self-perception

• 6HOI FRQ4GHQFH

Recognizing strengths

### **Self-Management**

The ability to successfully regulate one's emotions, WKRXJKWV DQG EHKDYLRUV LQ GL. HUHQW preparation by referring to evidence on the topic, motivating oneself. The ability to set and work toward personal and academic goals.

- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal-setting
- Organizational skills

SL.6.1a Come to discussions prepared, having read or studied required material; explicitly draw on that

H. HFWLYHO\ PDQDJLQJ VWUHVV FRQWURO ONLOLLWLPRSUX ON WHXH DVORG SUREH DQG UH5HFW RQ LGHD 18.2

- SL.6.1c 3RVH DQG UHVSRQG WR VSHFL4F TXHVWLRQV ZLWK.3 elaboration and detail by making comments that contribute to the topic, text, or issue under discussion.
- SL.6.2 Interpret information presented in diverse media and formats and explain how it contributes to a topic, text or issue under study.
- SL.6.6 Adapt speech to a variety of contexts and tasks, demonstrating command of formal English when indicated or appropriate.

2.1 Provide students with a cognitive framework for identifying their thinking patterns. Help students recognize the

connection among their thoughts, feelings, and actions.

-OFUHDVH VWXGHOWV DZDUHOHVV RIKRZ WKH PHGID LO5XHOFHV WKHIU

Increase students' awareness of communication bloopers. Provide students with practice in identifying communication bloopers.

-QFUHDVH VWXGHQWV DZDUHQHVV RI H•HFWLYH FRPPXQLFDWLRQ ERRVWH communication boosters.

Increase students' awareness of the positive and negative thoughts, feelings, and behaviors associated with communication bloopers versus communication boosters.

### **Social Awareness**

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cu (The ab5,, 2 0.766 scn /TT1 1 Tf -3 -2.222 Td (3.3) Tj 0a012 t004aext<FEFF0020>>> BDC <0003>Tj EMC <0033005500520059004C00470048>Tj /Span<</ActualText<FEFF0020>>> BDC <0003>Tj EMC <0033005500520059004C00470048>Tj /Span<</ActualText<FEFF0020>>> BDC <0003>Tj EMC <0003>Tj E

## Sixth Grade

# We Solve Problems



We Are Diverse

### COMMON CORE STATE STANDARDS SIXTH GRADE

HARMONY OBJECTIVES SIXTH GRADE

**Relationship Skills** 

**CASEL** 

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social SUHVVXUH QHJRWLDWH FRQ5LFW FRQVWUX FRQVWUXFRQVHO\ DQG VHHN WR R•HU KHOS ZKHQ QHHGHG

- Communication
- Social engagement
- Relationship building
- Teamwork

- SL.6.1 (QJDJH H•HFWLYHO\ LQ D UDQJH RI FROODERUDWLYH discussions (one-on-one, LQ JURXSV DQG WHDFKHU OHG ZLWK GLYHUVH SDUWQHUV RQ JUDGH WRSLFV DQG WH[WV EXLOGLQJ on others' ideas and expressing their own
- SL.6.1b ) ROORDINTROOBLINDRQVWIHRWQMFL4F
  JRDOV DQG GHDGOLQHV DQG GH4QH LQGLYLGXDO UROHV
  as needed.
- SL.6.3 'HOLQHDWH D VSHDNHU V DUJXPHQW DQG VSHFL4F claims, distinguishing claims that are supported by reasons and evidence from claims that are not.
- L.6.6 Acquire and use accurately grade-appropriate

  JHQHUDO DFDGHPLF DQG GRPDLQ VSHFL4F ZRUGV

  and phrases; gather vocabulary knowl1ualText<FEoFEFF0020>>> BDC <0003>Tj EMC <004A00550052005800530056000F>Tj /Span<</Actual03C <0003a7.0BDC laA00550048/Span<</ActualText<FEFF0erd or000F>T

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# Notes



